



# Transcend Level 2 Award in Leading Inclusive Physical Activities in Modified Martial Arts



## Inclusive Curriculum

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To understand duties  
of an inclusive activity  
leader in modified  
inclusive martial arts



To understand how to drive  
engagement as an inclusive  
activity leader in modified  
inclusive martial arts



To understand deployment  
expectations of an inclusive  
activity leader in modified  
inclusive martial arts

# The Way



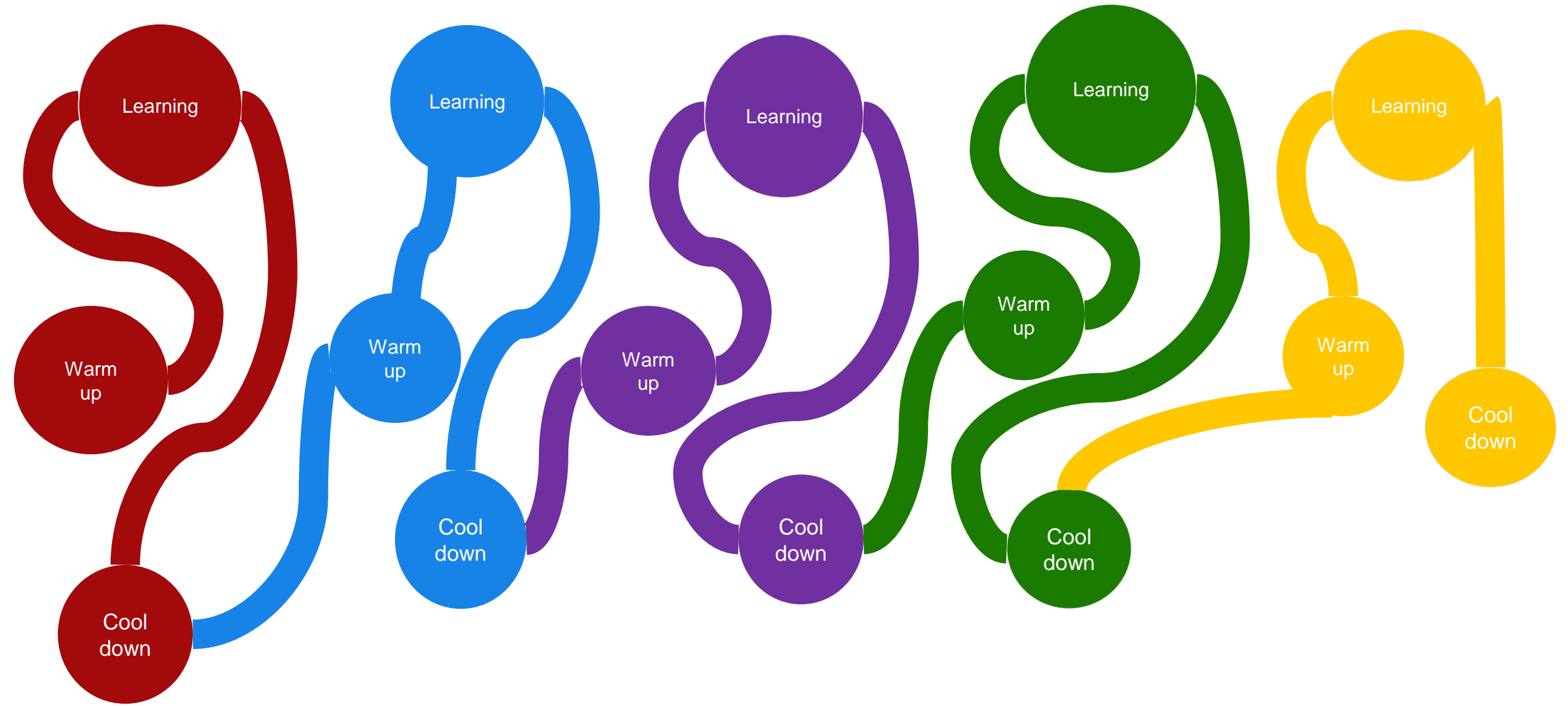
## The Way of Martial Arts

## Roles of the Activity Leader

## Responsibilities of the Activity Leader

## Health and Wellbeing

## Inclusive Martial Arts



## Activity Leader



# The Way of the Martial Arts

Inclusive Martial Arts Induction, Registration, Authenticity Checks

Inclusive Martial Arts Definition, philosophy and principles

Embrace a philosophy aligned to martial arts, participant motivations and the organisational environment

Conclusion and module evaluation

## Activity Leader

# Roles of an Activity Leader

Activity Leader Roles and Scope of Practice

Defining Engagement

Driving Engagement through positive behaviour management

Driving Engagement through effective reflection, review and response to feedback.

Conclusion and module evaluation



## Activity Leader

# Responsibilities of an Activity Leader

Responsibilities of the Activity Leader [Introduction]

Embrace codes of conduct and values which promote role model behaviours

Protect the rights of participants

Embrace the United Nations Convention on the Rights of the Child

Compliance with legislation and regulation

Leadership Style and Communication

Conclusion and module evaluation



## Activity Leader

# Health and Wellbeing

Ensuring a safe physical and emotional environment

Warm Ups

Identifying participants personal background

Identifying participant motivations

Identifying participants health background

Promoting Positive Interaction

Identify basic learning theory by differentiating between learning abilities.

Adaptations to needs, communication styles, learning abilities

Engage through positive behaviour management techniques

How to engage through feedback review

Conclusion and module evaluation



## Activity Leader



## Inclusive Martial Arts

Inclusion Spectrum, Step Modifications and ABCs

Gamification - safety, inclusion, engagement, cooperation, cohesion

Tutor modelled inclusive session: open activities

Tutor modelled session: Agility - evasion and locks

Tutor modelled inclusive activity: Balance – break falls and floor work

Tutor modelled inclusive activity: Coordination – striking and pad work

Tutor modelled inclusive activity: modified forms

Tutor modelled inclusive activity: 15 minute session

Embracing behaviours: working with different participants

Professional Discussions

Inclusive Martial Arts: Session delivery

Cool Down and Plenary

Conclusion and course evaluation



# TRANSCEND

*COMMITTED TO YOUR EXCELLENCE*

## Transcend Level 2 Award in Leading Inclusive Physical Activities in Modified Martial Arts

- Awarding Organisation: Transcend Awards
- Qualification Partner: IKKAIDO
- Recognised Centre: IKKAIDO
- Tutor/Assessor: IKKAIDO

