



PRIMAE



1st4sport Level 1 Award for Activators [Inclusive Martial Arts]

Inclusive Curriculum



To understand the
duties
of an Activator in
Inclusive Martial Arts



To understand the
role
of an Activator in
Inclusive Martial Arts



To understand the
responsibilities
of an Activator in
Inclusive Martial Arts

The Way



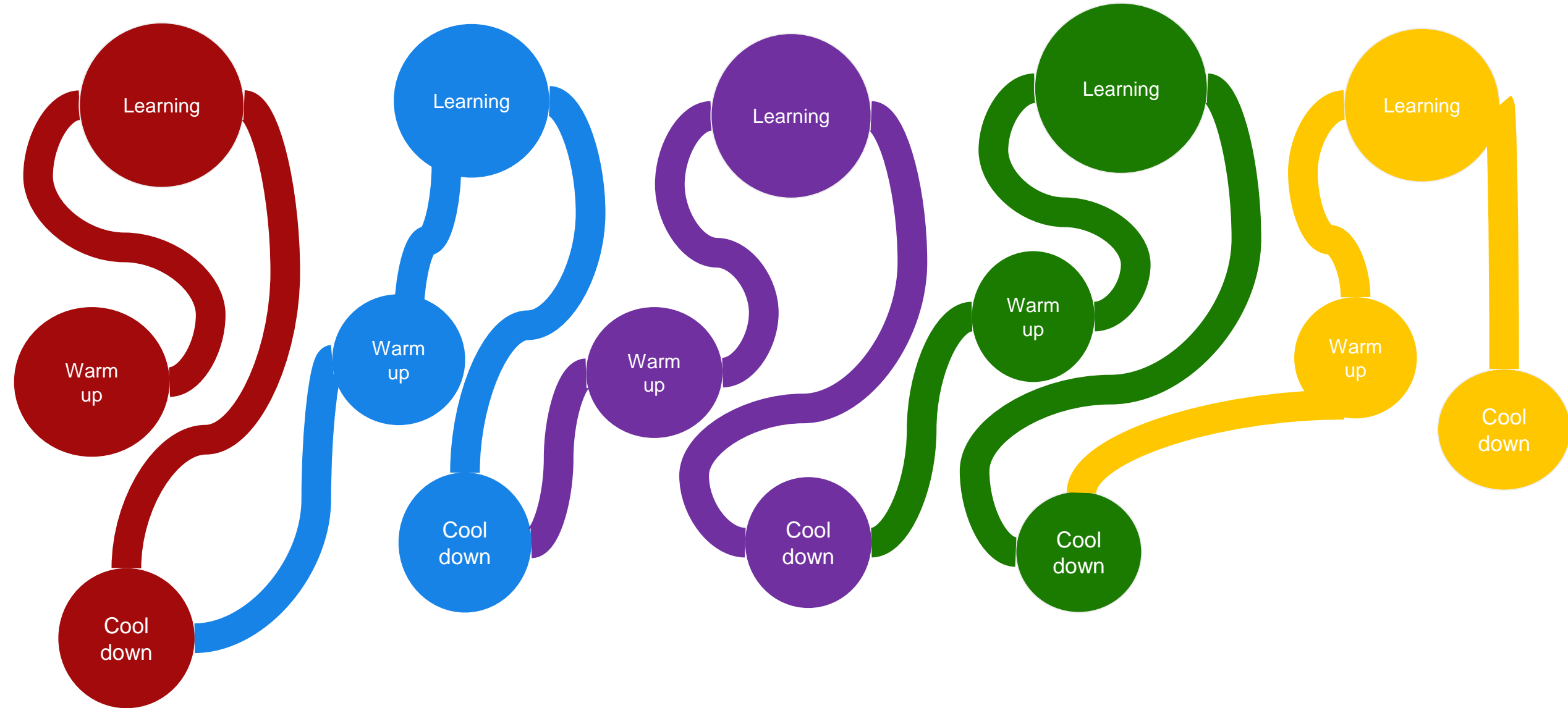
The Way of Martial Arts

Roles of the Activator

Responsibilities of the Activator

Health and Wellbeing

Inclusive Martial Arts



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The Way of the Martial Arts

Inclusive Martial Arts Induction, Registration, Authenticity Checks

Inclusive Martial Arts Definition, philosophy and principles

Activate through Inclusive Martial Arts

Conclusion and module evaluation

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Roles of an Activator

Activator Roles

Activator Roles: Role model behaviors, soft skills

Conclusion and module evaluation

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Responsibilities of an Activator

Activator roles

Activator responsibilities: Role model behaviors, soft skills and boundaries

Activator responsibilities: Duty of care, inclusive, safe practice and safeguarding

Activator responsibilities: Code of conduct

Activator responsibilities: Promoting well being

Activator responsibilities: Interaction and relationships

Conclusion and module evaluation

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Health and Wellbeing

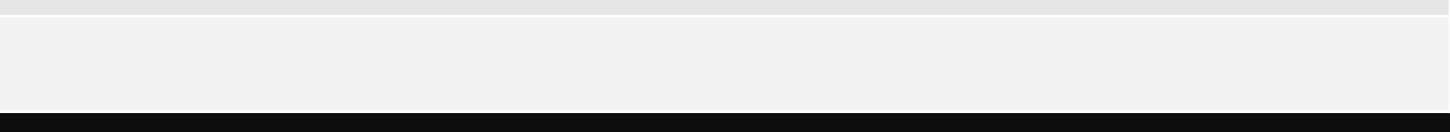
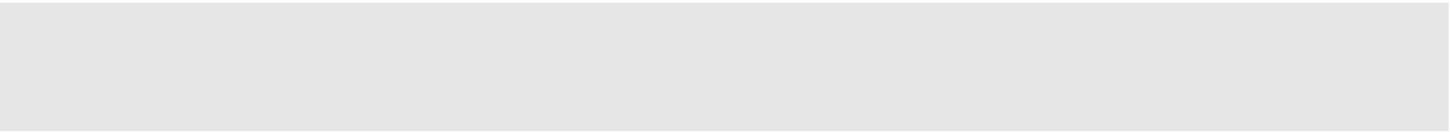
Promoting Inclusion

Promoting Wellbeing

Promoting Positive Relationships

Promoting Positive Interaction

Conclusion and module evaluation



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Inclusive Martial Arts

Inclusive Martial Arts Skills: Inclusion Spectrum and Step Modifications

Inclusive Martial Arts Skills: Modified activities and FUNdamentals of coordination – striking and pad work

Inclusive Martial Arts Skills: Modified activities and FUNdamentals of agility - escapes and locks

Inclusive Martial Arts Skills; Modified Activities & FUNdamentals of balance – break falls and floor work

Inclusive Martial Arts skills: Types of Disability and Top Tips

Inclusive Martial Arts: Session delivery

Conclusion and course evaluation



1st4sport Qualifications

1st4sport Level 1 Award for Activators [Inclusive Martial Arts]

- Awarding Organisation: 1st4sport Qualifications
- Qualification Partner: IKKAIDO
- Recognised Centre: IKKAIDO
- Tutor/Assessor: IKKAIDO

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